

**FREE!**

# NOVEMBER CALENDAR 2025

## NEWCOMER YOUTH PROGRAM

### ELIGIBILITY:

- ⇒ **Newcomer youth (12-21 years)**
- ⇒ **Permanent Resident / Convention Refugee Status**



### CONTACT US:

416-438 3697  
**Reception:** ext. 0

**Ketussa:** 437-432-2951  
**Tanya:** 647-389-7654

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 <b>Engaged For Change: Let's Support our Youth Zone!</b> 3:30 pm—5:30pm <b>Volunteers Needed!</b>	5 <b>Health &amp; Wellness: 2025 Gratitude Jars!</b> 3:30 pm—5:30pm <b>GRATITUDE JAR</b>  Think about what you feel grateful or thankful for. Write or insert pictures of what you are grateful for into your Gratitude Jar! <b>SOME IDEAS:</b> - Food - Family - Friends - Pets - Places - People	6 <b>Employment: Apply for Seasonal Jobs!</b> 3:30 pm—5:30pm 	7
10	11 <b>Information = Power: Digital Citizenship w/ MO</b> 4:00pm—6:00pm 	12	13	14 <b>Engaged for Change: Winter Care Kits for the Unhoused!</b> 12:45pm—3:45pm <b>Volunteers Needed!</b>
17 <b>Chef it Up: Air Fryer Eggplant Parmesan!</b> 3:45pm—5:45pm 	18	19 <b>Information = Power: Safety while on Transit!</b> 3:50pm—5:50pm 	20	21
24	25 <b>Drop in: Homework/ Exam Prep!</b> 3:30 pm—5:30pm 	26	27 <b>Engaged For Change: Holiday Cards from Allies!</b> 3:30 pm—5:30pm <b>Volunteers Needed!</b>	28

**\*Volunteer hours offered for highlighted programs\***



United Way  
Greater Toronto



Funded by:

Immigration, Refugees  
and Citizenship Canada

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et Citoyenneté Canada

# YOUNG AND NEW TO CANADA? YOU'RE NOT ALONE!

**FREE!**

## ENGAGED FOR CHANGE: LET'S SUPPORT OUR ZONE

👉 Support our Youth Zone as a **volunteer** and make a **difference**. Let's build a **welcoming space** together! ☀️

## HEALTH & WELLNESS: 2025 GRATITUDE JARS

👉 Focus on the good vibes! Write down things you're thankful for and reflect on the **positivity** in your life. Let's **cultivate gratitude** together! 🙏

## EMPLOYMENT: APPLY FOR SEASONAL JOBS

Get **hired for the holidays**! 🌲 📦 **Apply now** for seasonal jobs and earn some **extra cash** while having fun! 🎉

## INFORMATION = POWER: DIGITAL CITIZENSHIP

💻 Join us for **Digital Citizenship** with MO and learn how to navigate the **online world** with confidence! 🌐 💡

## ENGAGED FOR CHANGE: WINTER CARE KITS

Making **Care Kits** for Those in Need! ❤️ ❄️  
Join us in spreading **kindness and warmth** to the unhoused in our community. **Volunteer** with us! ☀️

## CHEF IT UP: AIR FRYER EGGPLANT PARMESAN

**Cook Up a Storm!** Join us & learn to make a **tasty Italian** classic with us! 🍳 🍷

## KNOWLEDGE IS POWER: SAFETY ON TRANSIT

Knowledge is Key: **Stay Safe on the Streets!** 🚶  
🔴 Learn essential **safety tips** for a smooth commute: from navigating **busy intersections** to staying aware of your surroundings. 🚶 💡 Know-how to **arrive safely**, every time! 😊

## DROP IN: HOMEWORK/ EXAM PREP

**Study Smarter:** Get Homework Help & Ace Your Exams! 📚 💡 Need a study buddy or **extra support**? Drop in for **homework help, exam prep**, & get the grades you're working towards! 📝 👍

## ENGAGED FOR CHANGE: HOLIDAY CARDS FROM ALLIES

Create Holiday Cards! ❤️ 🍪  
Join us in **spreading kindness & warmth** this holiday season! Get creative, **Volunteer** by writing a heartfelt message, & put **a smile on someone's face**. Let's bring joy to those who need it most! 🎉

## LOCATION:

100 Consilium Place,  
Suite 102—Ground Floor

**FREE Shuttle Bus Provided:**  
Scarborough Town Centre  
(Gate 5) ↔ (Gate 6)  
Consilium Place  
*Please inquire for shuttle schedule*  
**Gate changes according to hour**

## TRANSIT INFORMATION:



### Buses from STC Mall:

129A/B; 130; 131; 132; 134B/D; 169A/B get off at  
**McCowan Rd at 300 Consilium Pl (STOP #:16529)**

### Intersections—Walking point of references:

McCowan & Ellesmere | Progress & Consilium  
| Triton & McCowan | Grangeway Ave. &  
Ellesmere | Town Centre Court & McCowan

## MESSAGE US:

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**Website:**  
www.stridestoronto.ca

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